



## iOS ANT+

RPM<sup>2</sup> now utilizes ANT+ technology connecting iOS devices to your head unit enabling you to see your cycling power. For this to be possible you will need the following equipment:

- Wahoo Key: <http://www.wahoofitness.com/devices/wahoo-key-16.html>
- Lightning to 30 Pin Adapter for iPhones: <http://www.amazon.com/Apple-Lightning-30-Pin-Adapter-0-2M/dp/B0097BEG08>

### Instructions

- Ensure your RPM2 insoles are charged and pair with them in Bluetooth.
- Open RPM2
- Connect to your insoles
- Once on the Exercise Menu, tap "Cycling"
- Next tap "Cycling: Distance"
- Tap the screen to start the exercise. You do NOT need to be riding the bicycle.
- Turn your ANT+ head unit on if it is not already.
- Search for a Power Meter
- Your device will discover and pair with RPM2.

After following this process, RPM2 and your head unit will now repair every time you connect your Wahoo Key and begin a cycling exercise.